

Massage Class for Couples/Pairs Saturday, March 29 10-1

What: Easy-to-learn Swedish, acupressure, and reflexology techniques for you and your partner to get on the same page when it comes to the benefits and know-how of massaging each other. You'll learn strokes and sequences that can take you through a 30-45 minute massage, and how to adapt that to a 5 minute fixer upper.

Class size limited to ensure that each couple gets personal attention.

Where and How much \$: Convenient SC location. \$100 per couple/pair.

For more info and to register, contact Deborah at [**Deborah@Deborah-Katz.com**](mailto:Deborah@Deborah-Katz.com)
831-566-4457

About the Instructor



Deborah Katz, CMT, BA has practiced massage professionally since 1997. Deborah is also a Life Coach, supporting people [**Shift from Survival to Thrival Living.™22222**](#)